ROOM-BY-ROOM CLEANING CHECKLIST

Every VMV clean, side by side

What each clean includes, room by room, from the checklist our cleaners follow in your home. Want something that isn't here? Tell us when you book and we'll pass it on to your cleaner.

Five cleans, one checklist

Tasks in a one-bedroom, one-bathroom home

Standard / Recurring clean

Upkeep for a home that's cleaned regularly. Every room on the same list each visit: kitchen, bathrooms, bedrooms, living areas, laundry and halls.

75 tasks

Deep clean

Everything in a Standard clean, plus the detail work: baseboards, light fixtures, fans and vents, doors and frames, light switches, window frames and cabinet fronts. The one we recommend for a first clean.

115 tasks

Move-in / move-out clean

A Deep clean for an empty home, so every surface is reachable. Inside the cabinets, drawers, fridge and oven are add-ons, and we'll ask you about them.

106 tasks

Vacation rental clean

A Standard clean plus the guest turnover: fresh linens and towels, restocking from your supplies, and a photo of anything damaged or left behind.

96 tasks

Post-construction clean

A Deep clean plus the construction cleanup: fine dust off every surface, stickers and adhesive, inside the cabinets and closets, sills and tracks.

128 tasks

OUR PROMISE

24-hour reclean guarantee

If anything was missed, tell us within 24 hours and we'll come back and fix it.

Call or text (516) 507-3756 within 24 hours after your clean is complete and tell us what was missed. The office will set up your reclean.

We don't give cash refunds. If something wasn't right, we make it right with a reclean.

Our full policies are on the last page.

Compare every clean

Every line comes from the checklist our cleaners follow in your home.

Task	Standard	Deep	Move In/Out	Vacation Rental	Post-Construction
Kitchen					
Cobwebs: ceiling corners, walls, above the cabinets	✓	✓	✓	✓	✓
Outside of the stove hood / range hood	✓	✓	✓	✓	✓
Blinds, windows and window sills: dust	✓	✓	✓	✓	✓
Shelves: dust	✓	✓	✓	✓	✓
Microwave: inside and outside	✓	✓	✓	✓	✓
Backsplash	✓	✓	✓	✓	✓
Stovetop and burners	✓	✓	✓	✓	✓
Outside of all appliances: refrigerator, oven, dishwasher, small appliances. Fronts, sides and handles	✓	✓	✓	✓	✓
Countertops: move everything, wipe underneath, put back	✓	✓	✓	✓	✓
Sink and chrome: scrub the sink, polish the faucet	✓	✓	✓	✓	✓
Mirrors and glass surfaces: no streaks	✓	✓	✓	✓	✓
Table and chairs: tabletop, legs and seats	✓	✓	N/A	✓	✓
Trash: empty it, wipe the outside of the can, put in a new bag	✓	✓	✓	✓	✓
Sweep or vacuum the floor: under the table, along the cabinets, beside the refrigerator and stove, every corner	✓	✓	✓	✓	✓
Mop the floor, working back toward the door	✓	✓	✓	✓	✓
Light fixtures	○	✓	✓	○	✓
Ceiling fan and air vents	○	✓	✓	○	✓
Top of the refrigerator	○	✓	✓	○	✓
Window frames and ledges	○	✓	✓	○	✓
Open shelves and baker's rack: lift items, wipe, put back	○	✓	✓	○	✓
Polish metal and stainless appliances (faucet, dishwasher, etc.)	○	✓	✓	○	✓
Outside of cabinets and drawers, including handles	○	✓	✓	○	✓
Light switches	○	✓	✓	○	✓
Doors and door frames	○	✓	✓	○	✓
Pantry floor and pantry door	○	✓	✓	○	✓
Baseboards	○	✓	✓	○	✓

Task	Standard	Deep	Move In/Out	Vacation Rental	Post-Construction
Bathroom					
Cobwebs: ceiling corners and walls	✓	✓	✓	✓	✓
Blinds, window and window sill: dust	✓	✓	✓	✓	✓
Shelves: lift items, wipe, put back	✓	✓	✓	✓	✓
Shower: walls, glass door and track, fixtures, soap shelves, floor and drain	✓	✓	✓	✓	✓
Tub: inside, outside, ledge and fixtures	✓	✓	✓	✓	✓
Mirrors and glass surfaces: no streaks	✓	✓	✓	✓	✓
Counters: move everything, wipe underneath, put back	✓	✓	✓	✓	✓
Sinks: bowl, drain and around the faucet base	✓	✓	✓	✓	✓
Polish faucets and all metal: handles, towel bars, shower fixtures	✓	✓	✓	✓	✓
Toilet: inside the bowl, seat top and bottom, lid, tank, base, and the floor behind and around it	✓	✓	✓	✓	✓
Empty the trash and put in a new bag	✓	✓	✓	✓	✓
Lift bath mats and clean underneath	✓	✓	✓	✓	✓
Sweep or vacuum the floor: behind the toilet, behind the door, every corner	✓	✓	✓	✓	✓
Mop the floor, working back toward the door	✓	✓	✓	✓	✓
Light fixtures	○	✓	✓	○	✓
Air vent and exhaust fan cover	○	✓	✓	○	✓
Window frame and ledges	○	✓	✓	○	✓
Outside of cabinets and drawers, including handles	○	✓	✓	○	✓
Light switches	○	✓	✓	○	✓
Door and door frame	○	✓	✓	○	✓
Baseboards	○	✓	✓	○	✓
Bedroom					
Cobwebs: ceiling corners, walls, behind the door	✓	✓	✓	✓	✓
Top of every picture frame, painting, wall art and mirror	✓	✓	✓	✓	✓
Blinds, windows and window sills: dust	✓	✓	✓	✓	✓
Shelves: lift items, dust, put back	✓	✓	✓	✓	✓
Furniture and lamps: dressers, nightstands, headboard, desks. Tops, fronts, sides and legs	✓	✓	N/A	✓	✓
Behind and around the TV: back of the TV, TV stand and cords. Dry microfiber cloth only on the screen	✓	✓	✓	✓	✓

Task	Standard	Deep	Move In/Out	Vacation Rental	Post-Construction
Mirrors and glass surfaces: no streaks	✓	✓	✓	✓	✓
Make the beds	✓	✓	N/A	✓	✓
Empty the trash	✓	✓	✓	✓	✓
Under the bed: vacuum or sweep as far as you can reach, from every side	✓	✓	N/A	✓	✓
Under and behind furniture: nightstands, dressers, chairs	✓	✓	N/A	✓	✓
Under area rugs: lift the edges and corners, clean underneath, lay the rug flat again	✓	✓	✓	✓	✓
Vacuum carpet and rugs, sweep hard floors: corners, edges, behind the door, closet floor	✓	✓	✓	✓	✓
Mop hard floors, working back toward the door	✓	✓	✓	✓	✓
Ceiling fan and air vents	○	✓	✓	○	✓
Light fixtures	○	✓	✓	○	✓
Window frames and ledges	○	✓	✓	○	✓
Outside of cabinets, drawers and closet doors	○	✓	✓	○	✓
Light switches	○	✓	✓	○	✓
Doors and door frames	○	✓	✓	○	✓
Baseboards	○	✓	✓	○	✓
Living area					
Cobwebs: ceiling corners, walls, behind the door	✓	✓	✓	✓	✓
Top of every picture frame, painting, wall art and mirror	✓	✓	✓	✓	✓
Blinds, windows and window sills: dust	✓	✓	✓	✓	✓
Shelves and bookcases: lift items, dust, put back	✓	✓	✓	✓	✓
Behind and around the TV: back of the TV, TV stand, speakers, electronics and cords. Dry microfiber cloth only on the screen	✓	✓	✓	✓	✓
Furniture and lamps: coffee table, end tables, dining table and chairs, including the legs	✓	✓	N/A	✓	✓
Mirrors and glass surfaces, including glass tabletops: no streaks	✓	✓	✓	✓	✓
Empty the trash	✓	✓	✓	✓	✓
Under sofas, chairs, tables and all furniture: vacuum or sweep as far as you can reach	✓	✓	N/A	✓	✓
Under area rugs: lift the edges and corners, clean underneath, lay the rug flat again	✓	✓	✓	✓	✓
Vacuum floors and rugs, sweep hard floors: corners, edges, behind the door	✓	✓	✓	✓	✓

Task	Standard	Deep	Move In/Out	Vacation Rental	Post-Construction
Mop hard floors, working back toward the door	✓	✓	✓	✓	✓
Ceiling fans and air vents	○	✓	✓	○	✓
Light fixtures	○	✓	✓	○	✓
Window frames and ledges	○	✓	✓	○	✓
Light switches	○	✓	✓	○	✓
Doors and door frames	○	✓	✓	○	✓
Baseboards	○	✓	✓	○	✓
Laundry room					
Cobwebs: ceiling corners and walls	✓	✓	✓	✓	✓
Blinds, windows and window sills: dust	✓	✓	✓	✓	✓
Shelves: dust	✓	✓	✓	✓	✓
Outside of the washer and dryer: tops, fronts and sides	✓	✓	✓	✓	✓
Counters: move everything, wipe underneath, put back	✓	✓	✓	✓	✓
Sink and faucet	✓	✓	✓	✓	✓
Mirrors and glass surfaces: no streaks	✓	✓	✓	✓	✓
Light dusting of furniture	✓	✓	N/A	✓	✓
Empty the trash	✓	✓	✓	✓	✓
Vacuum rugs and sweep the floor, including beside the machines	✓	✓	✓	✓	✓
Mop the floor	✓	✓	✓	✓	✓
Light fixtures	○	✓	✓	○	✓
Window frames and ledges	○	✓	✓	○	✓
Light switches	○	✓	✓	○	✓
Doors and door frames	○	✓	✓	○	✓
Baseboards	○	✓	✓	○	✓
Hallways, stairs & entry					
Cobwebs: ceiling corners and walls	✓	✓	✓	✓	✓
Top of every picture frame, painting, wall art and mirror	✓	✓	✓	✓	✓
Furniture, shelves and lamps: dust	✓	✓	N/A	✓	✓
Mirrors and glass surfaces, including the inside glass of the entry door	✓	✓	✓	✓	✓
Stair railing and banister: wipe	✓	✓	✓	✓	✓
Under area rugs and door mats: lift, clean underneath, lay flat again	✓	✓	✓	✓	✓

Task	Standard	Deep	Move In/Out	Vacation Rental	Post-Construction
Vacuum or sweep every stair, including the corners of each step	✓	✓	✓	✓	✓
Vacuum or sweep hallway and entry floors	✓	✓	✓	✓	✓
Mop hard floors	✓	✓	✓	✓	✓
Light fixtures and air vents	○	✓	✓	○	✓
Light switches	○	✓	✓	○	✓
Doors and door frames	○	✓	✓	○	✓
Baseboards	○	✓	✓	○	✓
Rental turnover					
Clean and sanitize all countertops and surfaces	○	○	○	✓	○
Check and clean the refrigerator. Remove all leftover items	○	○	○	✓	○
Inspect and clean inside the microwave and oven	○	○	○	✓	○
Wipe down cabinet fronts and handles	○	○	○	✓	○
Clean and disinfect the sink and faucet	○	○	○	✓	○
Restock kitchen essentials (paper towels, dish soap, etc.)	○	○	○	✓	○
Empty and clean the trash bin	○	○	○	✓	○
Clean and disinfect all surfaces, including countertops and fixtures	○	○	○	✓	○
Scrub and disinfect the shower and tub, including grout and tiles	○	○	○	✓	○
Clean and disinfect the toilet inside and out	○	○	○	✓	○
Replace used towels with fresh, clean ones	○	○	○	✓	○
Restock bathroom essentials (toilet paper, soap, shampoo, etc.)	○	○	○	✓	○
Empty and clean the trash bin	○	○	○	✓	○
Change and launder bed linens. Make the beds with fresh linens	○	○	○	✓	○
Dust and wipe down all surfaces: nightstands, dressers, tables and shelves	○	○	○	✓	○
Clean and dust all furniture, tops and underneath	○	○	○	✓	○
Wipe down and disinfect light switches and doorknobs	○	○	○	✓	○
Clean electronic devices, remote controls and entertainment systems	○	○	○	✓	○
Replace used magazines or brochures with fresh ones	○	○	○	✓	○
Empty and clean all trash containers	○	○	○	✓	○

Task	Standard	Deep	Move In/Out	Vacation Rental	Post-Construction
Anything damaged, missing or left behind by guests: photo sent to the office	○	○	○	✓	○
Post-construction					
Remove fine construction dust from ALL surfaces	○	○	○	○	✓
Spot-dust walls and ceilings	○	○	○	○	✓
Remove stickers, labels and adhesive	○	○	○	○	✓
Remove debris and residue	○	○	○	○	✓
Cabinets inside and out: kitchen, bathrooms and laundry	○	○	○	○	✓
Closets and shelving: clean out	○	○	○	○	✓
Window sills, window tracks and reachable glass	○	○	○	○	✓
Outlet plates and switch plates: wipe	○	○	○	○	✓
Bathrooms: scrub tile, grout and all surfaces. Deep-clean the tub and shower. Fully detail the toilet. Polish fixtures	○	○	○	○	✓
Kitchen: detail and polish countertops. Detail inside the microwave	○	○	○	○	✓
Baseboards, doors and door frames: detail	○	○	○	○	✓
Light fixtures, ceiling fans and air vents: dust	○	○	○	○	✓
Vacuum or sweep, then mop every floor	○	○	○	○	✓

✓ Included ○ Not included **N/A** Not needed in an empty home

ADD-ONS

Add-ons for any clean

- 2nd kitchen
- Inside full kitchen cabinets
- Inside empty kitchen cabinets
- Extra room
- Pets
- Inside window cleaning
- Sliding / glass doors
- Inside oven
- Inside full fridge
- Inside empty fridge
- Inside empty dishwasher
- Vacuuming furniture
- Change the bed sheets
- Air vents
- Wipe walls
- Laundry
- Dishes
- Inside empty vanities & cabinets
- Inside full vanities & cabinets

Add any of these when you book. Your quote shows the price for each one.

OUR POLICIES AND GUARANTEE

If anything was missed, we come back

1. **24-hour reclean guarantee**
   If anything was missed, tell us within 24 hours and we'll come back and fix it.
2. **Tell us within 24 hours**
   Call or text (516) 507-3756 within 24 hours after your clean is complete and tell us what was missed. The office will set up your reclean.
3. **What a reclean covers**
   We come back and reclean what was missed, at no charge. It covers the clean you booked, not new requests.
4. **No cash refunds**
   We don't give cash refunds. If something wasn't right, we make it right with a reclean.
5. **We clean, we don't organize**
   Please pick up clothes and personal items before we arrive, so your cleaner can reach every surface.
6. **Paid after the clean**
   You're only charged once the clean is complete, and you get a receipt.

Questions, or something you'd like added?

Call or text (516) 507-3756.
vmvcleaning.solutions/checklist